Cleaning Checklist

A little every day, a little more each week, the big jobs once a month.

Daily

- [ ] Make the beds
- [ ] Wash dishes or run the dishwasher
- [ ] Wipe kitchen counters & stovetop
- [ ] Wipe the dining table
- [ ] Quick-sweep the kitchen floor
- [ ] Wipe bathroom sink & counter
- [ ] Sort the mail
- [ ] 10-minute tidy of clutter
- [ ] Do one load of laundry
- [ ] Take out the trash if full

Weekly

- [ ] Change the bed sheets
- [ ] Vacuum carpets & rugs
- [ ] Mop hard floors
- [ ] Dust furniture & shelves
- [ ] Clean the toilets
- [ ] Scrub shower & tub
- [ ] Clean mirrors
- [ ] Wipe appliance fronts
- [ ] Clean the microwave
- [ ] Toss old food from the fridge
- [ ] Wash towels & bath mats
- [ ] Empty all trash cans

Monthly

- [ ] Dust blinds & ceiling fans
- [ ] Wipe baseboards
- [ ] Wipe doors, handles & switches
- [ ] Vacuum under furniture
- [ ] Vacuum sofa & cushions
- [ ] Deep-clean the fridge
- [ ] Clean the oven
- [ ] Descale kettle & coffee maker
- [ ] Wash the trash cans
- [ ] Clean the washing machine
- [ ] Wash windows inside
- [ ] Wash pillows & mattress protector