# Deep Cleaning Checklist

Room by room, top to bottom. The jobs a quick clean skips.

## Kitchen

- [ ] Clean inside the oven
- [ ] Degrease stovetop & hood filter
- [ ] Empty & scrub the fridge
- [ ] Defrost the freezer
- [ ] Wipe inside cabinets & drawers
- [ ] Descale kettle & coffee maker
- [ ] Clean the dishwasher filter
- [ ] Scrub sink & garbage disposal
- [ ] Wipe backsplash & cabinet fronts

## Laundry & entry

- [ ] Clean washer drum & drawer
- [ ] Clear dryer vent & lint trap
- [ ] Wipe down washer & dryer
- [ ] Sort shoes & coats
- [ ] Wash the doormats

## Bathrooms

- [ ] Scrub grout & tile
- [ ] Descale showerhead & faucets
- [ ] Wash shower curtain & liner
- [ ] Clean the exhaust fan cover
- [ ] Declutter the medicine cabinet
- [ ] Wipe inside drawers & cabinets
- [ ] Scrub behind the toilet
- [ ] Wash bath mats

## Bedrooms

- [ ] Flip or rotate the mattress
- [ ] Wash duvet, pillows & protector
- [ ] Vacuum under the bed
- [ ] Declutter closets & drawers
- [ ] Dust headboard & lamps
- [ ] Wash the curtains

## Living areas

- [ ] Vacuum under & behind furniture
- [ ] Vacuum sofa & wash cushion covers
- [ ] Dust bookshelves & décor
- [ ] Wipe remotes & electronics
- [ ] Spot-clean or shampoo rugs
- [ ] Polish wood furniture

## Whole house

- [ ] Wash windows inside & out
- [ ] Dust ceiling fans & light fixtures
- [ ] Wipe baseboards & trim
- [ ] Wipe doors & door frames
- [ ] Clean vents & replace air filters
- [ ] Spot-clean the walls
- [ ] Dust the blinds
- [ ] Test smoke detectors