Moving Checklist

An eight-week timeline, from first quote to first night.

Moving day _____ **New address** _____

8 weeks before

- [ ] Set a moving budget
- [ ] Get quotes from 3 movers or book a truck
- [ ] Start a folder for receipts & documents
- [ ] Declutter room by room
- [ ] Measure the new place
- [ ] Give notice to your landlord

6 weeks before

- [ ] Order boxes, tape & bubble wrap
- [ ] Pack things you rarely use
- [ ] Use up frozen & pantry food
- [ ] Request school & medical records
- [ ] Book time off work

4 weeks before

- [ ] Confirm the movers or truck
- [ ] File a change of address with the post office
- [ ] Transfer utilities & internet
- [ ] Update bank, employer & insurance
- [ ] Label boxes by room & contents
- [ ] Arrange pet & child care for moving day

2 weeks before

- [ ] Pack most of the house
- [ ] Transfer prescriptions
- [ ] Update subscriptions & deliveries
- [ ] Back up your computer
- [ ] Return borrowed items & library books
- [ ] Confirm parking & elevator at both ends

1 week before

- [ ] Pack a first-night box
- [ ] Pack suitcases as if you were traveling
- [ ] Defrost & clean the fridge
- [ ] Take apart furniture
- [ ] Get cash for tips
- [ ] Confirm arrival time with the movers

Moving day

- [ ] Walk through every room & closet
- [ ] Take meter readings & photos
- [ ] Check the movers' inventory list
- [ ] Keep documents & valuables with you
- [ ] Lock up & hand over the keys

After the move

- [ ] Unpack the kitchen & beds first
- [ ] Check for damage & file claims
- [ ] Change the locks
- [ ] Test smoke detectors
- [ ] Update driver's license & voter registration
- [ ] Meet the neighbors

Notes & phone numbers

- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____