Weekly Cleaning Schedule

One focus area a day, about 20 minutes each.

Every day

- [ ] Make the beds
- [ ] Dishes & wipe the counters
- [ ] One load of laundry
- [ ] 10-minute evening tidy
- [ ] Take out the trash

Monday · Bathrooms

- [ ] Scrub the toilets
- [ ] Clean sinks, counters & mirrors
- [ ] Scrub shower & tub
- [ ] Swap towels & empty the trash

Tuesday · Dusting

- [ ] Dust shelves, tables & décor
- [ ] Dust the TV & electronics
- [ ] Wipe light switches & door handles
- [ ] Dust blinds & windowsills

Wednesday · Floors

- [ ] Vacuum carpets & rugs
- [ ] Sweep hard floors
- [ ] Mop kitchen & bathrooms
- [ ] Shake out the doormats

Thursday · Kitchen

- [ ] Wipe appliance fronts
- [ ] Clean inside the microwave
- [ ] Clear old food from the fridge
- [ ] Scrub the sink & replace sponges

Friday · Bedrooms & laundry

- [ ] Change the sheets
- [ ] Wash towels & bedding
- [ ] Tidy nightstands & dressers
- [ ] Fold & put away all laundry

Saturday · Catch-up

- [ ] Tidy the entryway & closets
- [ ] Sweep the porch or balcony
- [ ] Clean out the car
- [ ] Finish anything you missed

Sunday · Reset

- [ ] Plan meals & write the grocery list
- [ ] Restock toilet paper & soap
- [ ] Water the plants
- [ ] Clear the counters for Monday